

**October 2021**

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| **Every WED** | **MyPlace at Towers Wood, Cleveleys**Join the Wildlife Trusts award winning green wellbeing project for an opportunity to connect with the natural world, learn new skills and connect with like-minded people. Get in touch with Mike: 07927 551380 or mmcdonnell@lancswt.org.uk. For more information visit: https://www.lancswt.org.uk/our-work/projects/myplace |
| **Every WED** | **Gardening Club** 9:30am – 12 noon / FreeTake part in a range of gardening activities with our volunteers who have a shared interest in growing plants, flowers and vegetables. No experience is necessary. |
| **Every****THUR** | **Rossall Point Tower Beach Clean** - 10:30am – 12 noon / FreeA chance to help care for the coast with no long term commitment. No need to book just turn up. Meet Rossall Point Tower ,Promenade , Fleetwood |
| **1 FRI** | **Wyre Estuary Country Park Health Ride**  – 10am – 11am / FreeRide along and enjoy stunning views of the countryside and estuary |
| **1 FRI** | **Wyre Wheels** – 45 minute sessions at 10:30am, 11:30am and 12:30pm / £3.50Wyre Wheels is a cycling programme offering participants the opportunity to ride adapted bicycles including trikes, side-by-sides, hand bikes, quad and wheelchair bikes. No need to book just turn up at the Memorial Park Pavilion (next to the cenotaph). |
| **2 SAT** | **Skippool Health Walk** - 1:30pm – 2:30pm / FreeA rural walk along the riverside path and through local fields, can be muddy. |
| **5 TUE** | **Conservation Day – Woodland Work** – 10:30am – 2pm / FreeJoin the Coast and Countryside Rangers to assist with woodland work. All tools provided. |
| **6 WED** | **Great Eccleston Health Walk** – 1.30pm - 2.30pm / FreeA country circular walk along lanes, tracks and across fields, possibly using stiles. |
| **7 THUR** | **Stalmine Health Walk** – 10:30am – 11:30am / FreeA country circular walk along lanes, tracks and across fields. Possibly using stiles. |
| **8 FRI** | **Garstang Health Walk** – 10:30am -11:30am / FreeA moderate 2 mile rural walk around Garstang |
| **8 FRI** | **Fleetwood Health Ride** – 10am – 11am / FreeRide along a great coastal stretch with spectacular views over Morecambe Bay |



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| **8 FRI** | **Wyre Wheels** – 45 minute sessions at 10:30am, 11:30am and 12:30pm / £3.50Wyre Wheels is a cycling programme offering participants the opportunity to ride adapted bicycles including trikes, side-by-sides, hand bikes, quad and wheelchair bikes. No need to book just turn up at the Memorial Park Pavilion (next to the cenotaph). |
| **9 SAT** | **Fleetwood Health Walk** – 1:30pm – 2:30pm / FreeA pleasant walk along the Fleetwood and Rossall seafront. |
| **9 SAT** | **Stanah Squirrels Wildlife Watch Group** – 10am – 12pm / £1A monthly environmental/wildlife group for children aged 8 to 14 yrs.For information and to book t: 07989 579351. |
| **10 SUN** | **Cleveleys Beach Care** - 10:30am – 11:30am / FreeCome and join Cleveleys Beach Care to help make a difference. No need to book just turn up. Meet at Sea Swallow Statue, Top of Victoria Road. |
| **12 TUE** | **Knott End Beach Clean** - 10:15am – 11:45am / FreeEveryone welcome! We provide all equipment. Just put on your boots or wellies and come along to help out. Please check www.wyreriverstrust.org for further information. Meet at Knott End Car Par, Quailholme Road.  |
| **13 WED** | **Memorial Park Health Walk** – 10.30am – 11.30am / FreeAn easy 2 mile circular walk from Memorial Park around the local area. |
| **13 WED** | **Wyre Big Beach Clean** – 10:30am – 12:30pm / FreeHelp clean up our beach of tidal debris. All equipment provided. |
| **14 THUR** | **Thornton Health Walk** – 10:30am – 11:30am / FreeUrban walk linking green areas of Thornton-Cleveleys. |
| **15 FRI** | **Scorton Legstretcher** – 10:30am – 12:30pm / £3.50/2.50A pleasant walk along the beautiful Grizedale Valley near Scorton with some short steep ascents and uneven ground underfoot. |
| **15 FRI** | **Hambleton Health Ride** – 10am – 11am / FreeCome along on an easy and sociable bike ride, whilst enjoying our great countryside. |



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| **15 FRI** | **Wyre Wheels** – 45 minute sessions at 10:30am, 11:30am and 12:30pm / £3.50Wyre Wheels is a cycling programme offering participants the opportunity to ride adapted bicycles including trikes, side-by-sides, hand bikes, quad and wheelchair bikes. No need to book just turn up at the Memorial Park Pavilion (next to the cenotaph). |
| **16 SAT** | **Fleetwood Beach Care** - 10:30am – 12 noon / FreeJoin the rangers and our team of volunteers to clear our coastal beaches. We provide all equipment. Just put on your wellies and come along to help out. Meet Central Car Park, Fleetwood. No need to book just turn up. |
| **17 SUN** | **Wyre Estuary Country Park Health Walk** – 1:30pm – 2:30pm / FreeAn easy 2 mile urban/rural walk through the Wyre Estuary Country Park. |
| **17 SUN** | **Conservation Day – Woodland Work** – 10:30am – 2pm / FreeJoin the Coast and Countryside Rangers to assist with woodland work. All tools provided. |
| **18 MON** | **Rossall Beach Community Beach Clean** - 9:30am – 10:30am / FreeCome along for a rewarding morning looking after the environment at Rossall Beach. Meet at Rossall Promenade, Cleveleys near the flag pole. |
| **20 WED** | **Singleton Health Walk** – 1:30pm – 2:30pm / FreeRural walk around Singleton’s footpaths. |
| **20 WED** | **Fleetwood – Port and Railway** – 1:30pm – 3pm / DonationFleetwood became the first holiday resort to be linked to the developing rail network in July 1840. Rail and Port facilities grew up alongside one another, over more than 2000 feet of river frontage. What were the consequences following the loss of passenger services in 1970? |
| **22 FRI** | **Knott-End Health Walk** – 10:30am -11:30am / FreeA moderate 2 mile urban/rural walk through Knott end including sea front & golf course |
| **22 FRI** | **Fleetwood Health Ride** – 10am – 11am / FreeRide along a great coastal stretch with spectacular views over Morecambe Bay |
| **22 FRI** | **Wyre Wheels** – 45 minute sessions at 10:30am, 11:30am and 12:30pm / £3.50Wyre Wheels is a cycling programme offering participants the opportunity to ride adapted bicycles including trikes, side-by-sides, hand bikes, quad and wheelchair bikes. No need to book just turn up at the Memorial Park Pavilion (next to the cenotaph). |



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| **23 SAT** | **Cleveleys Health Walk** – 10.30am – 11.30am / FreeAn easy walk along Cleveleys promenade and surrounding area |
| **23 SAT** | **WECP Bird Walk** – 10am – 11am / FreeA look at the birdlife found in the woodlands and on the river at the Wyre Estuary Country Park. |
| **24 SUN** | **Cleveleys Beach Care** - 10:30am – 11:30am / FreeCome and join Cleveleys Beach Care to help make a difference. No need to book just turn up. Meet at Sea Swallow Statue, Top of Victoria Road. |
| **26 TUE** | **Autumn Fun Children’s Art Session** – 10am – 12 noon / FreeFree and fun Autumn-themed session for children aged 7-11. Fun and easy/accessible session which teaches creative skills in a beautiful setting. |
| **27 WED** | **Wyre Estuary Country Park Health Walk** – 10:30am – 11:30am / FreeAn easy 2 mile urban/rural walk through the Wyre Estuary Country Park. |
| **27 WED** | **Harbour Village Clean Up** - 10am – 11:30am / FreeEveryone welcome! We provide all equipment. Just put on your wellies and come along to help out. Meet at the Play Area on Windward Avenue, Fleetwood. |
| **28 THUR** | **Carleton Health Walk** – 10:30am – 11:30am / FreeA circular urban and rural walk along paths, through fields, can be muddy. |
| **29 FRI** | **Wyre Estuary Country Park Health Ride** – 10am – 11am / FreeRide along and enjoy stunning views of the countryside and estuary |
| **29 FRI** | **Xplorer** - 11am – 3pm / FreeXplorer is a family friendly navigation challenge using a simple map with the aim to find a number of markers that are located around the park. |
| **29 FRI** | **Wyre Wheels** – 45 minute sessions at 10:30am, 11:30am and 12:30pm / £3.50Wyre Wheels is a cycling programme offering participants the opportunity to ride adapted bicycles including trikes, side-by-sides, hand bikes, quad and wheelchair bikes. No need to book just turn up at the Memorial Park Pavilion (next to the cenotaph). |
| **30 SAT** | **Fleetwood Health Walk** – 1:30pm – 2:30pm / FreeA pleasant walk along the Fleetwood and Rossall seafront. |
| **30 SAT** | **Pumpkin Carving** – 40 minute sessions at 11am, 12pm and 1pm / FreeFree pumpkin carving (first come first served) with a sweet stall, tombola and other spooky activities. Activities individually priced |